

# What can Sheltered Housing offer me?



**Available in  
alternative formats**



## What Can Sheltered Housing Offer Me?

Stafford and Rural Homes has over 800 'sheltered' properties across 19 sheltered housing schemes covering nearly the whole of the Stafford Borough area.

### What is Sheltered Housing?

Sheltered housing is accommodation usually for the over 60's. You have your own private front door and we aim to help you achieve independent living and encourage happy, healthy and fulfilled lifestyles

There are flats and bungalows in our schemes. The schemes in most areas have a residents' lounge, laundry and guest bedroom.

We aim to provide homes that are modern, affordable and meet the needs of our customers. This will enable you to live independently but have the added comfort of being able to call on support services if you need them.

All of our sheltered housing properties are connected to our own community alarm system. This allows our customers to contact us 24 hours a day, 365 days a year. Help is always close at hand giving you real security.

### What does Sheltered Housing Provide?

**Independence** – Sheltered housing gives you the freedom to live your life as you want to. You have your own front door. Friends and family can visit at any time.

**Easy Going but Secure** – with peace of mind for you and your family. Help is always available when you need it through your Housing Support Coordinator or the staff of our 24 hours a day, 365 days a year community alarm team. Our community rooms are available for social and recreational activities. Our customers can choose privacy or companionship whenever they want.

**Choice** – We can offer you a whole range of high quality services and resources, including:

- Communal lounges
- Laundries
- Guest rooms
- Gardens
- A dedicated member of staff
- Help with organising social events
- Repairs and maintenance to your home



Our **Housing Support Coordinators** are available Monday to Friday from 8.30am to 5:00pm. Their role is to help you be as independent as you want to be, but to make sure you receive the reassurance and services you need. They will:

- Offer support and guidance to enable you to live as independently as you want to
- Complete support plans to assess and provide for your individual needs
- Help residents to organise and provide social activities
- Provide reassurance at your front door to help you with all your housing issues

## How can I apply?

If you are interested in our sheltered housing schemes or would like advice about what services may be available to you, and how much they will cost, please contact Care and Support on 0800 111 4334 or e-mail [careandsupport@sarh.co.uk](mailto:careandsupport@sarh.co.uk).

## ***Remember:***

Sheltered housing is designed with you in mind. It gives you a quality home that is well maintained and safe and secure. It enables you to live as independently as you like but with the reassurance that you and your family know, that if you need it, there is support and advice available 24 hours a day, 365 days a year.



The “What Can Sheltered Housing Offer Me” leaflet is available in alternative formats by telephoning us on 0800 111 4334. All of our policies and leaflets are available on our website at [www.sarh.co.uk](http://www.sarh.co.uk).

**For further information about sheltered housing contact the Sheltered Team by:**

calling us on

0800 111 4334

or by e-mailing us at

[careandsupport@sarh.co.uk](mailto:careandsupport@sarh.co.uk)

or by writing to

The Rurals,  
1 Parker Court,  
Dyson Way,  
Staffordshire Technology Park,  
Beaconside,  
Stafford, ST18 0WP.

This leaflet has been customer approved by Stafford and Rural Homes Tenant and Resident Federation